



TRACK & FIELD GRADES K-4



Runners ages 5-10
Practice begins last week of February

Days & Time:

- Every Tues, 4-5pm
- *Optional:* additional practice each Thurs, 4-5pm

Location:


- Central Middle School
500 E 9th St, #5401
Edmond, OK 73034

Schedule includes 2 in-state meets.
Nationals will be in Bolivar, MO in mid-May.

Contact Information

- We communicate through GroupMe for details on uniforms, costs, and schedule changes.
- For questions and requests to be added to the GroupMe, please connect with

COACH HEATHER THOMAS

 (405) 641-3771

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